

## CLUB PHYSICAL AUCKLAND LOCATIONS

1. Albany
2. Birkenhead
3. Botany
4. City Xpress
5. Karangahape Road
6. New Lynn
7. Queen St - Club Physical Women
8. Te Atatu
9. Three Kings
10. Westgate
11. Kaitia

### **ALBANY**

**ADDRESS:** 29-31 Omega Street, Albany, Auckland

**CONTACT DETAILS:**

Phone: (09) 444 9328

Fax: (09) 448-5029

Email: albany@clubphysical.co.nz

**REGULAR HOURS:**

Mon-Thu: 5.30am - 9.00pm

Fri: 5.30am - 8.00pm

Sat: 7.00am - 4.00 pm

Sun: 8.00am - 4.00pm

### **BIRKENHEAD**

**ADDRESS:** 35 Mokoia Road, Birkenhead, Auckland

**CONTACT DETAILS:**

Phone: (09) 419 2500

Fax: (09) 418-5276

Email: birkenhead@clubphysical.co.nz

**REGULAR HOURS:**

**Mon - Thu:** 5:30am - 9:00pm

**Fri:** 5:30am - 8:00pm

**Sat-Sun:** 7:00am - 3:00pm

### **BOTANY**

**ADDRESS:** 308 Te Irirangi Drive, Botany South.

Auckland

**CONTACT DETAILS:**

Phone: (09) 272 1670

Fax: (09) 272 1671

Email: botany@clubphysical.co.nz

**REGULAR HOURS:**

**Mon - Thu:** 5:30am - 9:00pm

**Fri:** 5:30am - 8:00pm

**Sat-Sun:** 8:00am - 3:00pm

### **KARANGAHAPE ROAD**

**ADDRESS:**

Rendells Building, 184 Karangahape Road

Auckland City

**CONTACT DETAILS:**

Phone: (09) 369-5834

Fax: (09) 369 5846

Email: kroad@clubphysical.co.nz

**REGULAR HOURS:**

**Mon-Thu:** 5:30am - 9:00pm

**Fri:** 5:30am - 8:00pm

**Sat-Sun:** 8:00am - 4:00pm



### **NEW LYNN**

**ADDRESS:**

Cnr Margan Ave & Titirangi Road, New Lynn  
Auckland

**CONTACT DETAILS:**

Phone: (09) 827 5093

Fax: (09) 827 0167

Email: newlynn@clubphysical.co.nz

**REGULAR HOURS:**

Mon-Thu: 5:30am - 9:00pm

Fri: 5:30am - 8:00pm

Sat: 7:00am - 6:00pm

Sat-Sun: 7:00am - 5:00pm

### **TE ATATU**

**ADDRESS:** 278 Te Atatu Road, Te Atatu. Auckland

**CONTACT DETAILS:**

Phone: (09) 834 5042

Fax: (09) 834 2808

Email: teatatu@clubphysical.co.nz

**REGULAR HOURS:**

**Mon-Thu:** 5:30am - 10:00pm

**Fri:** 5:30am - 9:00pm

**Sat:** 8:00am - 4:00pm

**Sun:** 8:00am - 8:00pm

### **THREE KINGS**

**ADDRESS:** 540 Mt Albert Road

Three Kings

Auckland

**CONTACT DETAILS:**

Phone: (09) 625 0235

Fax: (09) 624 2835

Email: threekings@clubphysical.co.nz

**REGULAR HOURS:**

**Mon-Thu:** 5:30am - 9:00pm

**Fri:** 5:30am - 8:00pm

**Sat-Sun:** 8:00am - 2:00pm

### **WESTGATE**

**ADDRESS:**

Fernhill Drive, Westgate Shopping Centre

Auckland

**CONTACT DETAILS:**

Phone: (09) 833 3306

Fax: (09) 831 0246

Email: westgate@clubphysical.co.nz

**REGULAR HOURS:**

**Mon-Thurs:** 5:30am - 9:00pm

**Fri:** 5:30am - 8:00pm

**Sat-Sun:** 8:00am - 2:00pm